

**THE UNIVERSITY OF NOTTINGHAM HEALTH SERVICE**  
**CONFIDENTIAL MEDICAL HISTORY QUESTIONNAIRE**

**Please complete this form, and then ENSURE that you bring it with you when you come to your Health Centre registration session**

SURNAME  
(Family name) \_\_\_\_\_  
 FIRST NAME  
(Given name) \_\_\_\_\_

ADDRESS  
(whilst in Nottingham) \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

POSTCODE \_\_\_\_\_

DATE OF BIRTH _____	MALE	FEMALE	
MOBILE TELEPHONE _____	SINGLE	MARRIED	
COURSE _____	NHS Number (if known) _____		

LENGTH OF COURSE \_\_\_\_\_

<i>Please leave blank</i>	
Smoking Cessation advice given	
Over 24 smear disclaimer signed	
Ethnicity checked	

Height (cm) \_\_\_\_\_ Weight (kg) \_\_\_\_\_

Have you ever smoked YES / NO \_\_\_\_\_

Do you still smoke ? YES / NO \_\_\_\_\_ If YES, number per day \_\_\_\_\_

Do you drink alcohol ? YES / NO \_\_\_\_\_ If YES, how many units per week \_\_\_\_\_ Units  
 (1 Unit=1 measure spirit / 1 glass wine / ½ pint beer)

**CURRENT PERSONAL MEDICAL HISTORY**

Have you <b>currently</b> any of the following?	YES	NO	Date of onset	
High Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>	
Atrial Fibrillation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>	
Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>	
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>	Last HbA1c (if known) <input type="text"/>
Asthma	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>	Peak flow (if known) <input type="text"/>
Epilepsy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>	Date of last fit <input type="text"/>
Thyroid problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>	Date of last blood test <input type="text"/>
Chronic Kidney Disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>	
Depression	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>	Are you on medication <input type="checkbox"/>
Schizophrenia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>	
Bipolar Affective Disorder (Manic Depression)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>	

**PAST MEDICAL HISTORY**

Have you <b>ever</b> had	YES	NO	Date of onset
Cancer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Stroke	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Migraine	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Depression	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Bipolar Affective Disorder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Schizophrenia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Depression	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Eating disorder (bulaemia or anorexia)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>
Are you a Carer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="text"/>

<b>PLEASE COMPLETE IMMUNISATION RECORD</b>	
Tetanus / Diphtheria & Polio – booster required in the last 10 years : Date of booster	<input type="text"/>
Measles /Mumps /Rubella (MMR) – For those aged < 25 two doses required : First dose	<input type="text"/> Second dose <input type="text"/>
Meningitis C – For those aged <25 one dose required since 1999 : Date of vaccination	<input type="text"/>

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 Are you allergic to any Medicines    YES / NO    If YES, please specify

Are you currently taking any prescribed medication		YES/ NO	include inhalers and creams
<b>Name</b>	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Strength</b>	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Dose</b>	<input type="text"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please give details of any surgical operations (with dates) or serious medical problems (with dates). Do you have a learning disability or any other disability you would like us to know about?

**FAMILY HISTORY**

	<i>Approx. age if alive</i>	<i>State of health or cause and age at death</i>	<i>Occupation</i>
Father			
Mother			
Brothers			
Sisters			
Has anyone in your family had:	High Blood Pressure		If YES, which member of the family YES / NO
	Diabetes		YES / NO
Has anyone in you immediate family suffered a Heart Attack before age 60?			YES / NO
Has anyone in your immediate family suffered a Stroke before age 60?			YES / NO

We occasionally contact patients by text messages, to remind them of important appointments, if they need to contact the health centre or to give them results of tests . If you don't wish to be contacted by text message please tick the box

**Thank you for completing this form – don't forget to bring it with you to your Health Centre Registration**

## Ethnicity Data

It is now a requirement that all practices collect full ethnicity data on their patients. This is to enable appropriate planning of health care locally and ensure groups are not discriminated against. Use of the data will always be in an anonymous form.

These are nationally accepted classifications and the only options available. There is an option to decline to provide this information and your care at this practice will not be prejudiced if you choose this option.

Please tick as appropriate and attach securely to your other documents (no space/box has been left for your name to remain anonymous)

White	British or Mixed British
White	Irish
White	Other White background
Mixed	White and Black Caribbean
Mixed	White and Black African
Mixed	White and Asian
Mixed	Other Mixed background
Asian or British Asian	Indian or British Indian
Asian or British Asian	Pakistani or British Pakistani
Asian or British Asian	Bangladeshi or British Bangladeshi
Asian or British Asian	Other Asian background
Black or British Black	Caribbean
Black or British Black	African
Black or British Black	Other Black background
Other Ethnic Groups	Chinese
Other Ethnic Groups	Other
Other Ethnic Groups	Patient prefers not to say